

Chris Fraser

Sackville Minor Hockey Association

To the Families of our Sackville Minor Hockey Association and Community, I would like to put my name forward for the position of, Vice President of Competitive.

My platform key points include:

- ✓ *Coaches and players*
- ✓ *Diversity & Inclusion*
- ✓ *Mental Health*
- ✓ *Communication and Parents*

My name is Chris Fraser and I live in the Sackville Community with my wife, Laurielle and our three children. We share a passion for the game of hockey and sharing it with our hockey family and watching the kids make lasting memories and bonds with each other. I think I could speak for everyone when I say, hockey is not just a sport. It is a gateway for our youth and how they develop into adults.

Currently I am retired and focused on being with my family and giving back to our community as a volunteer. Formatively, I was employed with the Department of Justice- Correctional Services for 15 years and previously I was also a Sheriff and served in the Canadian Army-2RCR.

During my time in the military, I had the pleasure of being on the Canadian Forces National team in 2005, where we earned gold in the championship. Throughout my hockey career, I played for the U15 and U16 Tier with Team Nova Scotia. I then went on to play for the Cole Harbor Dairy Queen Blizzards as an underage player. In my second year with the team, I was named captain. In 1997-1998, I was drafted in the Quebec Major Junior Hockey League to Val D'or.

If elected in this position, my responsibility will be the overall management of the competitive program; including, but not limited to coordinating the coaching selection and player evaluation process.

As your new Vice President of Competitive, I will ensure that I represent the interest of the players, coaches, and parents. My relationship I have built over the last seven years with families and players, developing strong bonds and rapport. I have excellent understanding of what we need at all levels, which I am dedicated to promoting positive change.

Platform Points

Coaches and players

As a coach myself in Sackville Minor Hockey, in a head coach and an assistant coach capacity, I have been able to serve as a mentor over the last 7 years and in this past year in the U7 and U13 competitive level with hands on involvement. I am dedicated to motivating change and guide coaches and spending time with teams for development. My focus in coaching, is to provide more coach and player development, team development, mentorship, and leadership. I

would like to add a component to the Gray Jay network to create player profiles to track documentation, progress of players, and coaching comments.

Diversity & Inclusion

I am advocate in promoting diversity and inclusion and understanding different cultures and backgrounds. Within our own hockey organization, I have demonstrated diversity and inclusion in recognizing a need for change. I have been a part of changing the process with dressing room guidelines to allow female players enter and be a part of the team as a whole and not having to be separated. I have also had the pleasure with incorporating a great friend with down syndrome to be a part of the coaching staff and team dynamic with the help from Sackville Minor Hockey. This year in our U7 group, I had the pleasure of being head coach and having a female assistant coach who brought an excellent skill set to the team.

Mental Health

Mental health is an important piece to me personally. I recognize mental health plays a significant role in sports and my aim is to provide education and awareness to players and parents. I understand the stressors and medical conditions players may face and challenges that may come along with it. I want to increase awareness for mental health to assist our players and families in positive healthy lifestyles by creating a safe environment.

Communication and Parents

Communication is a vital part of everyday living. As the Vice President of Competitive, I will offer open lines of communication. I want players and parents to feel comfortable to ask questions in any capacity for problem solving and betterment for everyone. I am looking for a culture change in bringing fairness and unity to our hockey organization and working as a collaborative team.

I am also a member of the Lake District Recreation Association specifically to our local Sackville Arena, which I plan to have collaboration between both organizations to build relations.

YOUR VOTE MATTERS!

To say I am grateful to be a part of minor hockey and being a role model on and off the ice would be an understatement. As your Vice President of Competitive, I can confidently say I will give 100% commitment to players, coaches, and parents to make this a great experience. I have the knowledge, skills, and resources to assist in guiding our youth over the years and will continue to do so. I will do my best in this position to make the future of Sackville Minor Hockey the best it can be.

What I am asking, is for your vote for change. Please come out in June in person to make your vote! Every vote counts; let's make positive change together!

Respectfully,

Chris Fraser